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Advised Trost in 1954 how to get into Submarine School, 188

In 1962 detailed Trost as executive officer of the nuclear submarine *Scorpion* (SSN-589)

Guantánamo Bay, Cuba, Naval Base

The destroyer *Brownson* (DD-868) trained there in the summer of 1950, 89-90

Gunfire Support

Simulator that provided training at the Naval Academy in the late 1940s-early 1950s, 72-73

Simulated near Virginia Beach by the destroyer *Robert A. Owens* (DDE-827) in 1954, 172

Guppy Program

In the late 1940s the submarine *Sirago* (SS-485) got the GUPPY modification, 203

Hanson, Captain Carl Thor, USN (USNA, 1950)

In the early 1970s served as executive assistant to the Secretary of the Navy, 364

Harlow, Captain David L., USN

Served in the late 1970s as executive assistant to the Vice Chief of Naval Operations, 427

Harvey, Ensign Andrew C., USN

In 1953 reported for duty on board the destroyer *Robert A. Owens* (DDE-827), 120

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Family life for the Trosts in the Pearl Harbor area in the late 1950s and late 1970s, 233-234, 436-437

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Haynsworth, USS (DD-700)

Midshipman training cruise to Europe in the summer of 1952, 90-93, 186-187

Hays, Admiral Ronald J., USN (USNA, 1950)

Served 1983-85 as Vice Chief of Naval Operations, 501-502, 545

Hayward, Captain Thomas B., USN (USNA, 1948)

In the late 1960s worked in the office of the Secretary of the Navy, 287

In 1973-75 was the Navy's Director of Program Planning, 485

Served 1978-82 as Chief of Naval Operations, 496-497, 603

In the late 1980s, along with other former CNOs, met with Trost, 661

Hazard, Rear Admiral Roberta L., USN

Frustrations while commanding the Great Lakes Naval Training Center, 1985-87, 413-416

Henrizi, Commander John T., USN

Outstanding as an enlisted man on board the destroyer *Robert A. Owens* (DDE-827) in the early 1950s, 184

Cleaned up the submarine support activity at Ballast Point near San Diego, in the early 1970s, 184-185, 398-399

Killed in an auto accident in 1981, 185

Herberger, Vice Admiral Albert J., USN (Ret.)

In the mid-1960s, was able to convert from reserve to regular and thus be eligible for promotion beyond captain, 404-405

Served as administrator of the Maritime Administration, 1993-97, 405

Hickam Air Force Base, Hawaii

Air Force Thunderbirds used it for practice in the late 1950s, 234

Hill, Vice Admiral Harry W., USN (USNA, 1911)

Enthusiastic superintendent of the Naval Academy, 1950-52, 74-75

Hogan, Rear Admiral Edward J. Jr., USN (USNA, 1954)

Served 1985-87 as the Navy's Chief of Legislative Affairs, 555-556

Holcomb, Rear Admiral M. Staser, USN (USNA, 1953)

In 1976 left OP-96, Systems Analysis, to become military assistant to Secretary of Defense Donald Rumsfeld, 401-402

Served in the early 1980s as Director, Navy Program Planning, OP-090, 485, 492, 496

Holloway, Admiral James L. III, USN (Ret.) (USNA, 1943)

As CNO in 1976, asked Trost to interview for possible job as new Secretary of Defense Donald Rumsfeld's executive assistant, 401-402

In the mid-1970s tasked OP-96 with various duties, 430, 638-640
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In the mid-1990, CNO Jeremy Boorda called on him for advice, 575-576

Homosexuality

The initial group of women crew members on board the submarine tender *Dixon* (AS-37) in the mid-1970s included a lesbian, 423-424

Hong Kong

Trost visited in the early 1980s when he was Commander Seventh Fleet, 453-454

Hukill, Lieutenant (junior grade) Henry D. Jr., USN (USNA, 1953)

Classmate of Trost at Submarine School in 1955, 189
In the mid-1960s served as the first executive officer of the Gold crew of the ballistic missile submarine *Von Steuben* (SSBN-632), 262, 268-270

Iceland

In the mid-1980s served as a support base for U.S Navy P-3s, 544-545

Ill, Charles L. III

As Assistant Secretary of the Navy (Installations and Logistics) in the early 1970s, rented his house to the Trost family, 350-351

Incidents at Sea Agreement

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India

Visits by CNOs Watkins and Trost in the 1980s, 434

Ingleside, Texas, Naval Station

Groundbreaking for the new facility in February 1988, 592-593

Inman, Captain Bobby R., USN

In the early 1970s was executive assistant to the Vice Chief of Naval Operations, Admiral Maurice Weisner, 494

Iowa, USS (BB-61)

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Iran

Desert One was a poorly planned operation in April 1980 to rescue U.S. hostages from Iran, 482, 652-655

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Iskenderun Bay, Turkey

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Italian Navy

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Italy

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Japan

Yokosuka served as a valuable base for Seventh Fleet ships in the early 1980s, 447-450, 465-466

Trost's interaction with the Japanese Defense Minister, 448-449

Role of Commander U.S. Naval Forces Japan in the early 1980s, 467-469

Trost and his wife were tourists in Japan, 471-473

Position toward U.S. nuclear-powered ships in the early 1980s, 477

Michael J. Mansfield cooperated with Trost while serving as U.S. Ambassador to Japan in the early 1980s, 484-485

Japanese Maritime Self-Defense Force

In 1955 sent students to the U.S. Submarine School as a prelude to receiving U.S. diesel submarines, 199, 466-467

In the early 1970s acquired two diesel submarines from the U.S. Navy, 377-378

Joint exercises with U.S. warships in the early 1980s, 470-471

Jeremiah, Admiral David E., USN

Was Trost's choice to become Chief of Naval Operations in 1990 but became Vice Chairman of the JCS instead, 573-575

Johnson, Lieutenant David E., USN

Member of the first crew of the nuclear submarine *Swordfish* (SSN-579), commissioned in 1958, 226

Johnson, Admiral Gregory G., USN

In the late 1970s did outstanding work in OP-96, 429-431

Johnson, President Lyndon B.

Brief telephone interaction with Trost in the mid-1960s, 288

Johnson, Captain Willard E., USN

In the early 1970 served as chief of staff to Commander Submarine Group Five, 386, 390

Joint Chiefs of Staff

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Personality and working style of Admiral William Crowe while Chairman, JCS, in the late 1980s, 560, 569-572, 591, 678
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Joy, Vice Admiral C. Turner, USN (USNA, 1916)

Superintendent of the Naval Academy, 1952-54, 75-77, 80

Jurkowsky, Rear Admiral Thomas J., USN

Served as CNO public affairs officer in the late 1980s, later was Pacific Fleet and Naval Academy PAO, and from 1998 to 2000 was the Navy's Chief of Information, 582-583

Karas, Captain John, USAF (USNA, 1956)

Was an Olmsted Scholar in Germany in 1961-62, 242

Kasatonov, Admiral Vladimir A.

Soviet Navy Deputy Commander in Chief who negotiated an Incidents at Sea Agreement with the United States in 1972, 368-372

Kauderer, Captain Bernard M., USN (USNA, 1953)

In the early 1970 commanded the submarine tender *Dixon* (AS-37), 390, 423-424

Kaufman, Commander Robert Y., USN (USNA, 1946)

Served as first executive officer of the nuclear submarine *Seawolf* (SSN-575), commissioned in 1957, 491

In the early 1960s was the second commanding officer of the nuclear submarine *Scorpion* (SSN-589), 250-255, 438, 491, 634-638

As a ship handler in the *Scorpion*, 254-255

Served in the Joint Staff in the mid-1960s, 253, 320

In the early 1980s was director of C³I and called Trost at odd hours, 438

Kelso, Admiral Frank B. II, USN (USNA, 1956)

Secretary of the Navy John Lehman nominated him in 1986 to be CNO, but he did not get the job until 1990, 545-547

Unhappy about delay into moving into flag quarters in Norfolk when he became CinCLantFlt in 1986, 524

Relationship with CNO Trost when Kelso was CinCLantFlt, 580, 662, 673-675

Reorganized the OpNav staff after taking over as Chief of Naval Operations in 1990, 507

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Kennedy, President John F.

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Kenya

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Key West, Florida, Naval Station

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Kilmer, Lieutenant (junior grade) Donald A., USN (USNA, 1951)

Served in the submarine *Sirago* (SS-485) in the mid-1950s, 201

Kings Bay, Georgia, Submarine Base

Trost's role in the early 1970s in investigating potential sites for the East Coast base for Trident submarines, 338-341

Kirksey, Vice Admiral Robert E., USN

Deployed carrier group commander during Operation Desert One in 1980, 482, 653-654

Trost believed Kirksey deserved a fourth star but ran afoul of SecNav John Lehman, 482

Kirov (Soviet Cruiser)

Trost and other U.S. personnel toured in the late 1980s, 566

Kneip, Richard F.

As the U.S. ambassador to Singapore from 1978 to 1980 was a neophyte concerning the Navy, 431-432

Korea, South

As Commander Seventh Fleet in the early 1980s, Trost visited South Korean officials often, 443-444, 460-461, 657-658

Laboon, Lieutenant John F. Jr., CHC, USN (USNA, 1944)

In the late 1950s helped persuade Trost not to resign from the Navy, 230

Trost had a hand in naming a destroyer after him in the late 1980s, 659

Laboon, USS (DDG-58)

Trost had a hand in naming the ship after submariner-chaplain John Laboon, 659

Laird, Melvin R.

As Secretary of Defense from 1969 to 1973, brought a background of congressional experience, 365

Laning, Commander Richard B., USN (USNA, 1940)

Served as first commanding officer of the nuclear submarine *Seawolf* (SSN-575), commissioned in 1957, 491

Larson, Admiral Charles R., USN (USNA, 1958)

As executive officer of the nuclear submarine *Sculpin* (SSN-590) during the Vietnam War, 407

Commanded the nuclear submarine *Halibut* (SSGN-587 from 1973 to 1976, 396-397
As Naval Academy superintendent in the 1980s, established an Eagle Scout chapter, 44

Lawrence, Vice Admiral William P., USN (USNA, 1951)

As a midshipman in the early 1950s, helped develop the honor concept, 100-101
Man of integrity who is honored by a statue at the Naval Academy, 295-296

Leave and Liberty

Christmas leave for Naval Academy midshipmen in 1949, 62-63

The destroyer *Brownson* (DD-868) visited Halifax, Nova Scotia, New York City, and Cuba in summer of 1950, 88-89

The destroyer *Haynsworth* (DD-700) visited Brest in the summer of 1952, 90-91

For a while, Trost joined other midshipmen in a non-regulation clubhouse in Annapolis, 112-113

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Leftwich, Lieutenant Colonel William G. Jr., USMC

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Lehman, John F. Jr.

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Leningrad, Soviet Union

Visited in 1972 by U.S. delegates to the Incidents at Sea negotiations, 367-370
Trost and his wife visited as tourists in the late 1980s, 568-569, 630

Lewis, Lieutenant James R., USN

Member of the first crew of the nuclear submarine *Swordfish* (SSN-579),
commissioned in 1958, 221, 225

Liberty, USS (AGTR-5)

Pentagon response to the Israeli attack on this ship in June 1967, 307-308, 583-584

Lockwood, Lieutenant Forrest Patterson, USN (USNA, 1952)

In the early 1960s was an Olmsted Scholar in Germany, 240

Long, Admiral Robert L. J., USN (USNA, 1944)

Commanded the submarine *Sea Leopard* (SS-483) from 1954 to 1956, 206-207
From 1977 to 1979 was Vice Chief of Naval Operations, 427-428
Served as Commander in Chief Pacific from 1979 to 1983, 208-209

Lumsden, Lieutenant Commander Richard E., USN (USNA, 1952)

In the early 1960s served in the nuclear submarine *Scorpion* (SSN-589), 636

Lynch, Rear Admiral Thomas C., USN (USNA, 1964)

Paperwork in the mid-1970s to get Lynch back on active duty following a short
stretch as a civilian, 403-404
In the early 1990s was superintendent of the Naval Academy, 404

Lyons, Admiral James A., Jr., USN (USNA, 1952)

In the early 1980s served as Commander Naval Surface Group Western Pacific, 483,
672-673
Trost's assessment of Lyons as a subordinate, 580-581
Relieved as CinCPacFlt and was retired immediately in September 1987, 670-672

Mahony, Midshipman Wilbur J., USN (USNA, 1953)

Naval Academy classmate and roommate of Trost, 71-72, 81

Malaysia

Visited by Trost in the early 1980s when he was Commander Seventh Fleet, 446-
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Mansfield, Michael J.

Cooperated with Trost while serving as U.S. Ambassador to Japan in the early, 484-
485

Marcos, Ferdinand

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Mare Island Naval Shipyard, Vallejo, California

In the early 1970s supported the ships of Submarine Group Five, 390
Toured in the early 1970s by California Governor Ronald Reagan, 391

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Soviet Marshal Sergei F. Akhromeyev visited Camp Lejeune, North Carolina, in the late 1980s. 559-560

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Joint effort by the Navy and Coast Guard off the U.S. East Coast in the mid-1980s, 530-531

Maritime Strategy

Development and testing of U.S. forward strategy in the 1970s-80s, 499, 536-537, 603

Mason, Captain Lee C., USN

Served with Trost in various capacities, 481

Mathis, Captain Harry L. II, USN

As commanding officer of the nuclear submarine *Sculpin* (SSN-590) during the Vietnam War, 407
In the 1960s worked as acquisition officer in the Tomahawk missile program, 407-408

McAree, Lieutenant Commander William B. II, USN (USNA, 1959)

In the early 1970s commanded the ballistic missile submarine *Thomas A. Edison* (SSBN-610) when California Governor Ronald Reagan toured the ship at Mare Island, 391

McCain, Vice Admiral John S. Jr., USN (Ret.) (USNA, 1931)

In 1964 served as principal speaker at the commissioning of the ballistic missile submarine *Von Steuben* (SSBN-632), 270
In the late 1970s, as CinCPac, pulled Trost out of a lunch in Hawaii, 643

McCauley, Vice Admiral William F., USN (USNA, 1955)

Served in the mid-1980s as Commander Naval Surface Force Atlantic Fleet, 658-659

McCollum, Rear Admiral Luke, Supply Corps, USNR (USNA, 1983)

Responsible in his junior officer days for supervising the operation of the CNO's quarters in the late 1980s, 616-617

McKee, Admiral Kinnaid R., USN (USNA, 1951)

In 1973 became Commander Submarine Group Eight in the Mediterranean, 373

In 1982 relieved Admiral Hyman Rickover as Director, Naval Nuclear Propulsion and served in that billet until 1988, 502-503, 613

McMullen, Rear Admiral Frank D., USN (USNA, 1947)

Served 1972-75 as Commander Submarine Force Pacific Fleet, 385-386, 643

McNamara, Robert S.

Working style as Secretary of Defense from 1961 to 1968, 282-283, 287, 309
Involvement in Vietnam War policy, 291-292

McNitt, Rear Admiral Robert W., USN (Ret.) (USNA, 1938)

Naval Academy dean of admissions, 1972-85, 60

McWilliams, Captain George Randolph, USN

Served in the early 1970s as Trost's aide and later as U.S. naval attaché in Japan, 330, 383-384
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Medical Problems

Shady dentists dealt with plebes who reported to the Naval Academy in 1949, 54
Cases of venereal disease among the crew of the destroyer *Robert A. Owens* (DDE-827) in 1953-54, 179, 183-184
An enlisted man on board the *Robert A. Owens* deliberately shot himself in the foot in a vain effort to go see his girlfriend, 182-183
In 1968 Trost needed treatment in Charleston after cutting his bare feet on oyster shells, 323-324
In the summer of 1980, Trost had a problem with an enlarged prostate gland, 621

Merritt, Lieutenant Glen C., USN

Member of the first crew of the nuclear submarine *Swordfish* (SSN-579), commissioned in 1958, 226

Metcalf, Vice Admiral Joseph III, USN (USNA, 1951)

Served in BuPers in the 1960s, 404, 410
Commanded the Second Fleet during the Grenada operation in 1983, 410-411
Served in the mid-1980s as DCNO (Surface Warfare), 411

Metzel, Commander Jeffrey C. Jr., USN (USNA, 1947)

Executive officer of the first crew of the nuclear submarine *Swordfish* (SSN-579), commissioned in 1958, 221, 225, 228
In the mid-1960s was the first commanding officer of the Gold crew of the ballistic missile submarine *Von Steuben* (SSBN-632), 261-262

Middendorf, J. William II

Working style as Secretary of the Navy depended on what he focused on at a given time, 1974-77, 422-424

Midway, USS (CV-41)

Home-ported in Yokosuka, Japan, in the early 1980s, 450, 457, 465-466

Military Sealift Command

Heavily involved in supporting Operations Desert Shield/Desert Storm in 1990-91, 538-539

Miller, Vice Admiral Gerald E., USN (USNA, 1942)

In 1972, as Commander Sixth Fleet, provided films of U.S.-Soviet interactions for use by the U.S. team in the Incidents at Sea negotiations, 372-373

Miller, Admiral Paul David, USN

In 1986 became Commander Seventh Fleet over Trost's strenuous objection, later served as SACLant/CinCLant, 666-667

Mine Warfare

Given minimal support by the U.S. Navy in the 1980s, 537-538
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Missiles

Training in missiles in the mid-1960s at Dam Neck, Virginia, for those reporting to Polaris submarines, 263-264
In July 1988 Standard missiles from the cruiser *Vincennes* (CG-49) shot down an Iranian airliner with heavy loss of life, 674-675

Missouri, USS (BB-63)

Battleship that participated in the 1950 midshipman training cruise until sent to Korea, 86, 89

Missouri House

Condition of the quarters in Norfolk for Commander in Chief Atlantic Fleet in the mid-1980s, 524-526

Montgomery, Field Marshal Sir Bernard L.

British Army officer who visited the Naval Academy in the early 1950s, 82

Moore, Lieutenant James A., USN (USNA, 1946)

Served in the mid-1950s as gunnery officer of the destroyer *Robert A. Owens* (DDE-827), 148, 152-153, 178

Moorer, Vice Admiral Joseph P., USN (USNA, 1945)

In the mid-1970s, as OP-06, chewed out Trost, 430, 663

Moorer, Admiral Thomas H., USN (Ret.) (USNA, 1933)

In the late 1980s, along with other former CNOs, met with Trost, 661

Moranville, Vice Admiral Kendall E., USN

In the mid-1980s served as interim Atlantic Fleet chief of staff, 518

In 1988 was relieved of command of the Sixth Fleet for improprieties, 518, 550

Morocco

Tangier was the site of port visit by the destroyer *Robert A. Owens* (DDE-827) in the mid-1950s, 163-166

Mumma, Lieutenant (junior grade) Albert H., USNR

Served in the destroyer *Robert A. Owens* (DDE-827) in the mid-1950s, 154-155, 187

Murrill, Captain Robert L., USN

In 1955 taught at Submarine School, later commanded the Submarine Development Group in San Diego, 191

Naples, Italy

Site of port visits by the destroyer *Robert A. Owens* (DDE-827) in the mid-1950s, 138, 140-142

***Nautilus*, USS (SSN-571)**

First nuclear submarine featured a stairway rather than ladder down from the top deck, 198

Naval Academy, Annapolis, Maryland

Plebe summer in 1949, 53-62

Rifle and pistol training for midshipmen in the late 1940s, 59-60

Mischief at graduation by the class of 1952, 79-80

Foreign students in the late 1940s-early 1950s, 56-57

Hazing of plebes in the late 1940s-early 1950s, 57-58

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Soccer the late 1940s-early 1950s, 85

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Professional training, including summer cruises, 72-73, 86-97, 102-106, 114

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Trost as class vice president and brigade commander in his first-class year, 78-83, 112-113
Graduation June Week for the class of 1953, 83-84, 99, 107-108
Ross Perot, class president, later made financial donations for structures at the academy, 294-295
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As superintendent in the early 1980s, Charles Larson spearheaded the idea of creating Alumni Hall, 587-589

Naval Academy Preparatory School, Newport, Rhode Island

Trost's son Steven attended in the early 1980s, 61

Naval Education and Training, Chief of

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Naval Institute, U.S.

Trost as ex-officio president, 1986-90, 683

Naval Material Command (NavMat)

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Naval Nuclear Power School, Idaho Falls, Idaho

Curriculum in 1957, 214, 218-221

Naval Nuclear Power School, New London, Connecticut

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Naval Observatory, Washington, D.C.

In the 1970s-80s had sometimes-substandard quarters for senior naval officers, 513-515

Naval Reserve, U.S.

Officers and enlisted were compelled to leave active duty following the end of the Korean War, 177-178

In the early 1970s reservists did useful repair and maintenance work on a floating dry dock near San Diego, 387-388

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Naval War College, Newport, Rhode Island

Admiral Thomas Hayward initiated the Strategic Studies Group while CNO, 1978-82, 598-599

Trost's relationship with the school while he was CNO, 1986-90, 598-590

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Newport News Shipbuilding and Dry Dock Company

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New York Naval Shipyard, Brooklyn, New York

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New Zealand

Trost visited in the early 1970s en route the South Pole, 477

In the early 1980s would not accept visits by U.S. warships, 477-478

Nicholson, Lieutenant Commander John H., USN (USNA, 1947)

Commanded the nuclear submarine *Sargo* (SSN-583) in the early 1960s, 231-232, 235

Nimitz, Fleet Admiral Chester W., USN (USNA, 1905)

Worked at the United Nations in New York from 1949 to 1953, 89

Nisewaner, Captain Terrell A., USN (USNA, 1932)

In the mid-1950s was chief of staff to Commander Destroyer Flotilla Two, 129, 134-135

Nitze, Paul H.

As Secretary of the Navy in 1965, sought a replacement for an administrative assistant for Deputy SecDef Cyrus Vance, 277

Served as Deputy Secretary of Defense, 1967-69, 285, 303-307

Was a gracious host at his farm on the Potomac River, 305-306

Norfolk, Virginia, Naval Station

As CinCLantFlt in 1985-86, Trost initiated improvements to the flag quarters built for the 1907 Jamestown Exposition, 524-528

Noriega, Manuel

Panamanian strongman who surrendered to U.S. forces in January 1990, 667-668

North Atlantic Treaty Organization (NATO)

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In the mid-1960s French President Charles de Gaulle withdrew his country's forces from the military structure of NATO, 310-311

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Trost's acceptance by Hyman Rickover, followed by training in 1957, 211-213

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In 1982 Admiral Kinnaird McKee relieved Admiral Hyman Rickover as Director, Naval Nuclear Propulsion and served in that billet until 1988, 502-503

Admiral Bruce DeMars headed the program from 1988 to 1996, 502-503

Nunn, Senator Samuel A.

Served as chairman of the Senate Armed Services Committee, 1987-94, 487, 547-548, 553-554

Oberle, Ensign Louis A., USN

In the early 1950s served in the destroyer *Robert A. Owens* (DDE-827), 136, 144-147, 151, 153, 155

Okinawa

As a concern for the U.S. Pacific Fleet in the late 1970s-early 1980s, 650-652

Okun, Herbert S.

State Department official involved in the Incidents at Sea Agreement in 1972-73, 367, 370-371

Oliver, Captain Daniel T., USN

In the late 1980s, as executive assistant to the CNO, accompanied Trost on a visit to Soviet warships and naval facilities, 561, 565, 579, 619, 630-632

Olmsted, Major General George H., USAR (Ret.) (USMA, 1922)

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Orem, Commander Charles A., USN (USNA, 1950)

Relieved of command of the ballistic missile submarine *Simon Bolivar* (SSBN-641) following a collision in the late 1960s, 316

Orlando, Florida, Naval Training Center

In Trost's view was closed for political reasons in 1999, 413-414

Osborn, Rear Admiral James B., USN (USNA, 1942)

Around 1970 critiqued an inspection of Submarine Group Eight in the Med, 585-586

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As Deputy Secretary of Defense from 1969 to 1971, was a genial host at his ranch in California, 366-367

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Panama Canal

Trost and Lieutenant Joe Fuller conned the nuclear submarine *Swordfish* (SSN-579) through the canal in 1959, 669-670

Trost opposed letting the Canal Zone revert to the nation of Panama, 668-669

Patton, Lieutenant (junior grade) James H. Jr., USN (USNA, 1960)

In the early 1960s served in the nuclear submarine *Scorpion* (SSN-589), 636-637

In the late 1980s was technical advisor for the movie *The Hunt for Red October*, 637

Paulsen, Captain Thomas C., USN

Former diesel submariner who did well after transferring to surface ships and later became Trost's executive assistant, 315, 348, 421, 518-519, 579, 619, 663-664

Pensacola, Florida, Naval Air Station

In the late 1980s was the site of planning meetings involving the CNO and principal subordinates, 584-587

Perot, Midshipman H. Ross, USN (USNA, 1953)

President of the Naval Academy class of 1953, 76, 78, 83, 101

Made a number of financial donations for structures at the Naval Academy, 294-295

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Pirie, Captain Robert B., USN (USNA, 1926)

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Poindexter, Vice Admiral John M., USN (USNA, 1958)

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Portsmouth Naval Shipyard, Kittery, Maine

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Pounders, Lieutenant Jerry K., USN

In the mid-1950s was chief engineer and later executive officer of the destroyer *Robert A. Owens* (DDE-827), 125, 151-152, 156, 161, 187

Powell, General Colin L., USA

As Chairman of the Joint Chiefs of Staff in 1990, chose Admiral David Jeremiah to be his deputy, 574-575

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In 1969 Secretary of the Navy John Chafee directed that the commanding officer, Lloyd Bucher, not be court-martialed, 362-363

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Read, Vice Admiral William L., USN (USNA, 1949)

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Reagan, President Ronald W.

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Redelsheimer, Lieutenant (junior grade) Sigmund, USNR

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Richardson, Admiral John M., USN (USNA, 1982)

The son of one of Trost's former shipmates, he became Chief of Naval Operations in 2015, 585-586

Richardson, Captain William E., USN (Ret.) (USNA, 1959)

As a junior officer, served in the nuclear submarine (SSN-589) in the early 1960s, 585

Was on the Submarine Group Eight staff in Naples around 1970, 585-586

Attended the change of command when his son became CNO in 2015, 585-586

Rickover, Admiral Hyman G., USN (Ret.) (USNA, 1922)

In 1957 interviewed Trost for the Navy's nuclear power program, 211-212

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Drafted some individuals into the program in the 1950s, 217-218

In 1958 visited the pre-commissioning detail of the nuclear submarine *Swordfish* (SSN-579) at Portsmouth Naval Shipyard, 213

In the mid-1960s took part in the sea trials of the ballistic missile submarine *Von Steuben* (SSBN-632), 267-269

In the mid-1960s asked Trost to track down a document stalled in the Defense Department, 312-313

In 1968 presided over a prospective commanding officer course that included Trost, 317-320

In May 1968 reflected on the loss of the nuclear submarine *Scorpion* (SSN-589), 320

In the late 1960s mistakenly made a call to Trost about the ballistic missile submarine *Sam Rayburn* (SSBN-635), 334-335

In 1973 attended Trost's frocking ceremony for rear admiral, 375-376

In the early 1970s kept tabs on submarine work in various shipyards, 378-380

In the mid-1970s tried to influence selection boards, 418-419

In 1982 was retired from active duty over his objection, 503-504

Rindskopf, Rear Admiral Maurice H, USN (Ret.) (USNA, 1938)

Taught at Submarine School in 1955, later lived in an Annapolis retirement home, 192-193

Rivero, Admiral Horacio, Jr., USN (USNA, 1931)

As Vice Chief of Naval Operations in June 1967, had an excited reaction to the Israeli attack on the intelligence ship *Liberty* (AGTR-5), 307, 583-584

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Rogers, General Bernard W. (USMA, 1943)

In the mid-1960s was executive assistant to General Earle Wheeler, JCS Chairman, 291-292
Served as NATO's Supreme Allied Commander Europe, 1979-87, 311

Rondeau, Vice Admiral Ann E., USN

In the late 1980s served on the OP-00K panel, later was president of the National Defense University, 648

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Ryan, Vice Admiral John R., USN (USNA, 1967)

Identical twin who was often confused for his brother, also a naval officer, 579-580, 619

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San Francisco Naval Shipyard

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Sargo, USS (SSN-583)

Suffered explosion and fire while charging oxygen banks at Pearl Harbor in June 1960, 231-232

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Sawyer, Lieutenant (junior grade) George A. Jr., USN

Student at Submarine School in 1955, later Assistant Secretary of the Navy in the early 1980s, 196

Schaaf, Midshipman Thomas W., USN (USNA, 1953)

Relinquished his commission to enter the Naval Academy in 1949 as a plebe, 80

Schade, Vice Admiral Arnold F., USN (USNA, 1933)

As ComSubLant in 1969, refused to send Trost to Vice Admiral Elmo Zumwalt's staff in Vietnam, 296-297

Schroeder, Representative Patricia S.

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Shear, Admiral Harold E., USN (USNA, 1942)

In the 1960s kept tabs on the operations of the ballistic missile submarines, 428-429

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Simcoe, Lieutenant (junior grade) Richard O., USNR

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***Skate*, USS (SSN-578)**

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Skelton, Representative Isaac Newton IV

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***Slava* (Soviet Cruiser)**

Trost and other U.S. personnel toured in the late 1980s, 565

Small, Admiral William N., USN (USNA, 1948)

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Smith, Lieutenant David G., USN (USNA, 1954)

Member of the first crew of the nuclear submarine *Swordfish* (SSN-579), commissioned in 1958, 226

Smith, Vice Admiral Leighton W., Jr. USN (USNA, 1962)

Served as Director of Operations (J-3), U.S. European Command, headquartered in Stuttgart, Germany, from August 1989 to June 1991, 599-600

Smith, Vice Admiral William D., USN (USNA, 1955)

Served as Trost's Director of Program Planning, OP-090, in the late 1980s, 664

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Stevenson, Rear Admiral Neil M., CHC, USN (Ret.)

In the late 1970s was Pacific Fleet chaplain in Hawaii, subsequently served as Chief of Chaplains and as a civilian pastor, 438-440

Stockdale, Vice Admiral James B., USN (USNA, 1947)

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Synhorst, Lieutenant Gerald E., USN (USNA, 1949)

Member of the first crew of the nuclear submarine *Swordfish* (SSN-579), commissioned in 1958, 221, 225

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Taranto, Italy

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Taylor, Rear Admiral Edmund B., USN (USNA, 1925)

As Commander Destroyer Flotilla Two, embarked in the destroyer *Robert A. Owens* (DDE-827) in 1953, 128-132, 134, 137

Taylor, Rear Admiral James A., USN

Served on Seventh Fleet staff in the early 1980s, later Chief of Naval Reserve, 480-481, 614-616

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Trost, Admiral Carlisle A. H., USN (Ret.) (USNA, 1953)

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Served 1957-59 in the nuclear submarine *Swordfish* (SSN-579), 195, 219-222, 224-236

Was an Olmsted Scholar in Germany in 1961-62, 236-250, 312

In 1962-63 was executive officer of the nuclear submarine *Scorpion* (SSN-589), 250-260, 634-638

From 1963 to 1965 was involved in the construction and early operations of the ballistic missile submarine *Von Steuben* (SSBN-632), 261-271, 274-275

Served 1965-67 as military assistant to the Deputy Secretary of Defense, 281-316

In 1968-69 went through PCO course and commanded the blue crew of the ballistic missile submarine *Sam Rayburn* (SSBN-635), 316-343

In 1969-70 served briefly as personnel officer on the ComSubLant staff, 342-350

From 1970 to 1973 served as executive assistant to John Warner, who was Under Secretary of the Navy and subsequently Secretary of the Navy, 338-339, 344, 349-357, 361-362, 365-373, 420-421, 494

In 1973-74 commanded Submarine Group Five, 184-185, 373, 375-399, 423-424

In 1974-75 served in the Bureau of Naval Personnel, 399-400

Served as Director of the Systems Analysis Division, OP-96, of OpNav from 1976 to 1978, 427-431, 496, 638-641, 645-646

From 1978 to 1980 was Deputy CinCPacFlt, 199, 436-443, 641-643, 649-650
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Trost, Commander Steven G., USNR (Ret.) (USNA, 1985)

Attended Naval Academy Prep School in 1980-81, 61, 665-666
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In the 1950s the U.S. Navy turned over some submarines to the Turkish Navy, and Trost was uncomfortable with Turkish procedures, 627-628
In the late 1980s, as CNO, Trost visited Turkey and encountered a Turkish ship in which he had served while she was part of the U.S. Navy, 626-628

Turner, Captain Stansfield, USN (USNA, 1947)

In the early 1970s, as executive assistant to the Secretary of the Navy, recommended Trost as his relief, 363-364

Tuttle, Vice Admiral Jerry O., USN

In the mid-1980s oversaw renovation of Atlantic Fleet headquarters, 518
Devised the JOTS program for Navy communications, 520
Personality and working style, 521

Uniforms-Naval

When he became CNO in 1986, Trost opposed the restoration of the service dress khaki uniform, 549

Vance, Cyrus R.

Working style while he served as Deputy Secretary of Defense, 1964-67, 277, 282-283, 285-286, 298, 301, 303-307
Involvement in Vietnam War policy, 291-292
Courage in going to Detroit to confront rioters during the mid-1960s, 299

Victor III

Soviet nuclear attack submarine toured by U.S. naval officers in the late 1980s was inferior to comparable U.S. submarines, 561-562

Vietnam War

Involvement of the Defense Department in carrying out President Lyndon Johnson's directives, 291

Trost's direct involvement with antiwar protestors, 293-294

Trost's assessment of the war, 296, 309-310

Vincennes, USS (CG-49)

In July 1988 the ship's missiles shot down an Iranian airliner with heavy loss of life, 674-675

Von Steuben, USS (SSBN-632)

Construction and early operations in the mid-1960s, 260-271, 274-277

Commissioning in September 1964, 269-270

Screening and assignment of members to the Blue and Gold crews, 265, 270-271

Trost's sudden departure in 1965, 274-275

Wahoo, USS (SS-565)

Had troublesome "pancake" diesels in the 1950s, 205

Walker Family Spy Ring

In 1970 Lieutenant Commander Arthur Walker was Trost's neighbor in Norfolk, 541

In the 1980s the Walker family provided intelligence to the Soviet Union, 541-542

Warner, John W.

Served 1969-72 as Under Secretary of the Navy and 1972-74 as Secretary of the Navy, 338-339, 344, 349-357, 361-362, 365-373, 375

Working style, 352-357

Lavish life style, 354-355

Involvement in the Incidents at Sea Agreement in 1972-73, 367-373

Washington University, St. Louis, Missouri

Trost attended in the late 1940s, 22-26, 32, 38-39, 46, 51, 57

Army ROTC unit, 46-47

Washington Navy Yard, Washington, D.C.

Was in a rough neighborhood when CNO Trost and his wife lived there, 1986-90, 548

Role of Tingey House as the quarters for the Chief of Naval Operations and his wife in the late 1980s, 616-617, 622

Watkins, Admiral James D., USN (USNA, 1949)

In the early 1970s served as Commander Cruiser-Destroyer Group One, 392

His daughter Laura Jo attracted attention in 1974 from Prince Charles of England, 392-393

Served 1975-78 as Chief of Naval Personnel, 411

Was CinCPacFlt, 1981-82, 642

As Chief of Naval Operations, 1982-86, 434, 497-498, 519, 553, 581, 603, 616, 633

Watkins, Laura Jo

Attracted considerable attention from Prince Charles of Britain when he visited California in 1974, 392-393

Weapon Able/Alfa

Antisubmarine rocket launcher on board the destroyer *Robert A. Owens* (DDE-827) in the mid-1950s, 118, 167-169

Weather

A hurricane disrupted the overhaul of the destroyer *Robert A. Owens* (DDE-827) at Philadelphia Naval Shipyard in 1954, 173

A typhoon skirted Japan in the early 1980s, 468-469

Webb, James H. Jr., Captain, USMC (Ret.) (USNA, 1968)

Served less than a year as Secretary of the Navy, 1987-88, before resigning abruptly, 592-596, 676

Webster, Midshipman James M., USN (USNA, 1953)

Relinquished his commission to enter the Naval Academy in 1949 as a plebe, 80

Weinberger, Caspar W.

Involvement in the process by which Trost became Chief of Naval Operations in 1986, 523, 545-546

Interaction with Trost as OP-090 and CNO, 611, 644-645, 670-672, 677

Involvement in the relief and retirement of CinCPacFlt James Lyons in 1987, 670-672

Weisner, Admiral Maurice F., USN (Ret.) (USNA, 1941)

Served as Vice Chief of Naval Operations in 1972-73, 375, 494

Welch, General Larry D., USAF

As Air Force Chief of Staff, interaction with CNO Trost, 1986-90, 591-592, 610, 648-649, 679

Westmoreland, General William C., USA (USMA, 1936)

Commanded U.S. Military Assistance Command Vietnam from 1964 to 1968, 292

Wheeler, General Earle G., USA (USMA, 1932)

Served as Chairman of the Joint Chiefs of Staff, 1964-70, 285, 291-292

White, Admiral Steven A., USN

As Chief of Naval Material, 1983-85, had close ties to Secretary of the Navy John Lehman, 601

Whittemore, Midshipman Albert Burton, USN (USNA, 1953)

Received an Air Force commission because he was prone to seasickness, 93-94

Wickham, General John A., Jr., USA (USMA, 1950)

Served in the early 1980s as Commander U.S. Forces Korea and from 1983 to 1987 as Army Chief of Staff, 460-461

Wilkinson, Vice Admiral Eugene P. (Dennis), USN

Student at Submarine School in the early 1940s, 198-199

First commanding officer of the first nuclear submarine, *Nautilus* (SSN-571), when she was commissioned in 1954, 198

Served 1970-72 as Commander Submarine Force Atlantic Fleet, 346-347

Williams, Captain Joe, Jr., USN

From 1969 to 1971 served as chief of staff to ComSubLant, 342-346, 585-586

Williams, Admiral John G., Jr., USN (USNA, 1947)

Served as Chief of Naval Material, 1981-83, 601

Wisconsin, USS (BB-64)

Trost was impressed by the ship when he visited in 1952 and again in the late 1980s, 91-92

Recommissioned in October 1988, 92

Wise, Commander John P., USN (USNA, 1945)

In the mid-1960s was the first commanding officer of the Blue crew of the ballistic missile submarine *Von Steuben* (SSBN-632), 261-262, 275-276, 428-429

Women in the Navy

The initial group of women crew members on board the submarine tender *Dixon* (AS-37) in the mid-1970s included a lesbian, 423-424

From 1985 to 1987 Rear Admiral Roberta Hazard commanded the Great Lakes Naval Training Center, 413-416

Woods, Midshipman Robert C., USN (USNA, 1953)

Naval Academy classmate and roommate of Trost, 55, 59

Worth, Lieutenant (junior grade) Edward R., USN (USNA, 1953)

Student at Submarine School in 1953, 194-194

Yokosuka, Japan

Served as a valuable base for Seventh Fleet ships in the early 1980s, 447-450, 465-466

The city's mayor didn't like the Seventh Fleet presence in the early 1980s, but businessmen did, 447-451, 465

Yost, Admiral Paul A., Jr., USCG (USCGA, 1951)

Commanded the Coast Guard's Atlantic Area in the mid-1980s, 530-531

Served 1986-90 as Coast Guard Commandant, 495, 506, 515-516

Zech, Rear Admiral Lando W., Jr., USN (USNA, 1945)

As a Naval Academy company officer in the early 1950s, 66, 69-72, 112

Served 1978-80 as Commander U.S. Naval Forces Japan, 467-469

Zellmer, Captain Ernest J., USNR (Ret.) (USNA, 1944)

Following submarine duty in World War II, attended Washington University and taught there, 25

Zia-ul-Haq, Mumammad

Served as President of Pakistan from 1978 until his death in 1988, 433, 625

Zumwalt, Admiral Elmo R. Jr., USN (USNA, 1943)

In the mid-1960s served as executive assistant to Secretary of the Navy Paul Nitze, 297, 305, 357

In 1969 requested Trost for his staff in Vietnam, but ComSubLant refused to release him, 296-297

In the early 1970s his relationship with Trost had its up and downs, 357-359, 662-663

Working style and reforms as Chief of Naval Operations in the early 1970s, 358-361, 420-421

In the late 1980s, along with other former CNOs, met with Trost, 662