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Hanson, Captain Carl Thor, USN (USNA, 1950)
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Harlow, Captain David L., USN
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Hill, Vice Admiral Harry W., USN (USNA, 1911)
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Hogan, Rear Admiral Edward J. Jr., USN (USNA, 1954)
Served 1985-87 as the Navy’s Chief of Legislative Affairs, 555-556

Holcomb, Rear Admiral M. Staser, USN (USNA, 1953)
In 1976 left OP-96, Systems Analysis, to become military assistant to Secretary of Defense Donald Rumsfeld, 401-402
Served in the early 1980s as Director, Navy Program Planning, OP-090, 485, 492, 496

Holloway, Admiral James L. III, USN (Ret.) (USNA, 1943)
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Was Trost’s choice to become Chief of Naval Operations in 1990 but became Vice Chairman of the JCS instead, 573-575

**Johnson, Lieutenant David E., USN**
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Karas, Captain John, USAF (USNA, 1956)
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Kaufman, Commander Robert Y., USN (USNA, 1946)
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Laning, Commander Richard B., USN (USNA, 1940)
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Commanded the nuclear submarine *Halibut* (SSGN-587 from 1973 to 1976, 396-397
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Lawrence, Vice Admiral William P., USN (USNA, 1951)
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Long, Admiral Robert L. J., USN (USNA, 1944)
Commanded the submarine Sea Leopard (SS-483) from 1954 to 1956, 206-207
From 1977 to 1979 was Vice Chief of Naval Operations, 427-428
Served as Commander in Chief Pacific from 1979 to 1983, 208-209

Lumsden, Lieutenant Commander Richard E., USN (USNA, 1952)
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Lynch, Rear Admiral Thomas C., USN (USNA, 1964)
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stretch as a civilian, 403-404
In the early 1990s was superintendent of the Naval Academy, 404

Lyons, Admiral James A., Jr., USN (USNA, 1952)
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Mahony, Midshipman Wilbur J., USN (USNA, 1953)
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In the 1960s worked as acquisition officer in the Tomahawk missile program, 407-408

McAree, Lieutenant Commander William B. II, USN (USNA, 1959)
In the early 1970s commanded the ballistic missile submarine *Thomas A. Edison* (SSBN-610) when California Governor Ronald Reagan toured the ship at Mare Island, 391

McCain, Vice Admiral John S. Jr., USN (Ret.) (USNA, 1931)
In 1964 served as principal speaker at the commissioning of the ballistic missile submarine *Von Steuben* (SSBN-632), 270
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McCaulley, Vice Admiral William F., USN (USNA, 1955)
Served in the mid-1980s as Commander Naval Surface Force Atlantic Fleet, 658-659

McCollum, Rear Admiral Luke, Supply Corps, USNR (USNA, 1983)
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McKee, Admiral Kinnaird R., USN (USNA, 1951)
In 1973 became Commander Submarine Group Eight in the Mediterranean, 373
In 1982 relieved Admiral Hyman Rickover as Director, Naval Nuclear Propulsion and served in that billet until 1988, 502-503, 613

McMullen, Rear Admiral Frank D., USN (USNA, 1947)
Served 1972-75 as Commander Submarine Force Pacific Fleet, 385-386, 643

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Metcalf, Vice Admiral Joseph III, USN (USNA, 1951)
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Metzel, Commander Jeffrey C. Jr., USN (USNA, 1947)
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In the mid-1960s was the first commanding officer of the Gold crew of the ballistic missile submarine Von Steuben (SSBN-632), 261-262
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Miller, Vice Admiral Gerald E., USN (USNA, 1942)
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Miller, Admiral Paul David, USN
In 1986 became Commander Seventh Fleet over Trost’s strenuous objection, later served as SACLant/CinCLant, 666-667

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Moore, Lieutenant James A., USN (USNA, 1946)
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Murrill, Captain Robert L, USN
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Nimitz, Fleet Admiral Chester W., USN (USNA, 1905)
Worked at the United Nations in New York from 1949 to 1953, 89

Nisewaner, Captain Terrell A., USN (USNA, 1932)
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Oberle, Ensign Louis A., USN
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Oliver, Captain Daniel T., USN
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Pounders, Lieutenant Jerry K., USN  
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Richardson, Captain William E., USN (Ret.) (USNA, 1959)
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Rickover, Admiral Hyman G., USN (Ret.) (USNA, 1922)
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Rogers, General Bernard W. (USMA, 1943)
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**Skelton, Representative Isaac Newton IV**
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**Small, Admiral William N., USN (USNA, 1948)**
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**Smith, Lieutenant David G, USN (USNA, 1954)**
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**Smith, Vice Admiral Leighton W., Jr. USN (USNA, 1962)**
- Served as Director of Operations (J-3), U.S. European Command, headquartered in Stuttgart, Germany, from August 1989 to June 1991, 599-600

**Smith, Vice Admiral William D., USN (USNA, 1955)**
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Stockdale, Vice Admiral James B., USN (USNA, 1947)
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Taylor, Rear Admiral James A., USN
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Served 1965-67 as military assistant to the Deputy Secretary of Defense, 281-316
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Role of Tingey House as the quarters for the Chief of Naval Operations and his wife in the late 1980s, 616-617, 622

Watkins, Admiral James D., USN (USNA, 1949)
In the early 1970s served as Commander Cruiser-Destroyer Group One, 392
His daughter Laura Jo attracted attention in 1974 from Prince Charles of England, 392-393
Served 1975-78 as Chief of Naval Personnel, 411
Was CinCPacFlt, 1981-82, 642
As Chief of Naval Operations, 1982-86, 434, 497-498, 519, 553, 581, 603, 616, 633

Watkins, Laura Jo  
Attracted considerable attention from Prince Charles of Britain when he visited California in 1974, 392-393

Weapon Able/Alfa  
Antisubmarine rocket launcher on board the destroyer Robert A. Owens (DDE-827) in the mid-1950s, 118, 167-169

Weather  
A hurricane disrupted the overhaul of the destroyer Robert A. Owens (DDE-827) at Philadelphia Naval Shipyard in 1954, 173
A typhoon skirted Japan in the early 1980s, 468-469

Webb, James H. Jr., Captain, USMC (Ret.) (USNA, 1968)  
Served less than a year as Secretary of the Navy, 1987-88, before resigning abruptly, 592-596, 676

Webster, Midshipman James M., USN (USNA, 1953)  
Relinquished his commission to enter the Naval Academy in 1949 as a plebe, 80

Weinberger, Caspar W.  
Involvement in the process by which Trost became Chief of Naval Operations in 1986, 523, 545-546
Interaction with Trost as OP-090 and CNO, 611, 644-645, 670-672, 677
Involvement in the relief and retirement of CinCPacFlt James Lyons in 1987, 670-672

Weisner, Admiral Maurice F., USN (Ret.) (USNA, 1941)  
Served as Vice Chief of Naval Operations in 1972-73, 375, 494

Welch, General Larry D., USAF  
As Air Force Chief of Staff, interaction with CNO Trost, 1986-90, 591-592, 610, 648-649, 679

Westmoreland, General William C., USA (USMA, 1936)  
Commanded U.S. Military Assistance Command Vietnam from 1964 to 1968, 292

Wheeler, General Earle G., USA (USMA, 1932)  
Served as Chairman of the Joint Chiefs of Staff, 1964-70, 285, 291-292
White, Admiral Steven A., USN
As Chief of Naval Material, 1983-85, had close ties to Secretary of the Navy John Lehman, 601

Whittemore, Midshipman Albert Burton, USN (USNA, 1953)
Received an Air Force commission because he was prone to seasickness, 93-94

Wickham, General John A., Jr., USA (USMA, 1950)
Served in the early 1980s as Commander U.S. Forces Korea and from 1983 to 1987 as Army Chief of Staff, 460-461

Wilkinson, Vice Admiral Eugene P. (Dennis), USN
Student at Submarine School in the early 1940s, 198-199
First commanding officer of the first nuclear submarine, Nautilus (SSN-571), when she was commissioned in 1954, 198
Served 1970-72 as Commander Submarine Force Atlantic Fleet, 346-347

Williams, Captain Joe, Jr., USN
From 1969 to 1971 served as chief of staff to ComSubLant, 342-346, 585-586

Williams, Admiral John G., Jr., USN (USNA, 1947)
Served as Chief of Naval Material, 1981-83, 601

Wisconsin, USS (BB-64)
Trost was impressed by the ship when he visited in 1952 and again in the late 1980s, 91-92
Recommissioned in October 1988, 92

Wise, Commander John P., USN (USNA, 1945)
In the mid-1960s was the first commanding officer of the Blue crew of the ballistic missile submarine Von Steuben (SSBN-632), 261-262, 275-276, 428-429

Women in the Navy
The initial group of women crew members on board the submarine tender Dixon (AS-37) in the mid-1970s included a lesbian, 423-424
From 1985 to 1987 Rear Admiral Roberta Hazard commanded the Great Lakes Naval Training Center, 413-416

Woods, Midshipman Robert C., USN (USNA, 1953)
Naval Academy classmate and roommate of Trost, 55, 59

Worth, Lieutenant (junior grade) Edward R., USN (USNA, 1953)
Student at Submarine School in 1953, 194-194
Yokosuka, Japan
Served as a valuable base for Seventh Fleet ships in the early 1980s, 447-450, 465-466
The city’s mayor didn’t like the Seventh Fleet presence in the early 1980s, but businessmen did, 447-451, 465

Yost, Admiral Paul A., Jr., USCG (USCGA, 1951)
Commanded the Coast Guard’s Atlantic Area in the mid-1980s, 530-531
Served 1986-90 as Coast Guard Commandant, 495, 506, 515-516

Zech, Rear Admiral Lando W., Jr., USN (USNA, 1945)
As a Naval Academy company officer in the early 1950s, 66, 69-72, 112
Served 1978-80 as Commander U.S. Naval Forces Japan, 467-469

Zellmer, Captain Ernest J., USNR (Ret.) (USNA, 1944)
Following submarine duty in World War II, attended Washington University and taught there, 25

Zia-ul-Haq, Mumammad
Served as President of Pakistan from 1978 until his death in 1988, 433, 625

Zumwalt, Admiral Elmo R. Jr., USN (USNA, 1943)
In the mid-1960s served as executive assistant to Secretary of the Navy Paul Nitze, 297, 305, 357
In 1969 requested Trost for his staff in Vietnam, but ComSubLant refused to release him, 296-297
In the early 1970s his relationship with Trost had its up and downs, 357-359, 662-663
Working style and reforms as Chief of Naval Operations in the early 1970s, 358-361, 420-421
In the late 1980s, along with other former CNOs, met with Trost, 662